



may be sent home at the nurse's or doctor's recommendation if their illness prevents them from resuming activities with their camp, or if their condition is determined to be contagious. A camp session is not a time to discontinue on-going medication. If your camper takes regular medication to support his/her emotions and behavior please do not interrupt the treatment.

## CAMPER MAILING & EMAIL ADDRESSES

(NAME OF CAMPER)  
(% CAMP SESSION NAME)

CAMP ADAMS

18499 S. Hwy. 211

Molalla, OR 97038

Camp Session Phone: 503.829.2861

Camper E-mail addresses:

Pathfinders/Sojourners: [sojourners@campadams.org](mailto:sojourners@campadams.org)

Exodus: [exodus@campadams.org](mailto:exodus@campadams.org)

Genesis Seekers: [genesisseekers@campadams.org](mailto:genesisseekers@campadams.org)

Discoverers: [discoverers@campadams.org](mailto:discoverers@campadams.org)

(NAME OF CAMPER)  
(% CAMP SESSION NAME)

PILGRIM COVE

P. O. Box 867,

McCall, ID 83638

Camp Phone: 208-634-5555

**MAY CAMPERS RECEIVE MAIL?** Yes, campers love receiving messages from home. A cheerful letter or e-mail from home is a great support, especially when these express confidence that children are having a good time. Parents! Please keep emails and notes upbeat and don't focus on how much you miss your child - this can trigger homesickness. Snail mail is distributed daily.

## DROPPING OFF/PICKING UP CAMPERS

**WHEN SHOULD CAMPERS BE DROPPED OFF AND PICKED UP AT CAMP?** Campers should arrive on Sunday, the first day of camp, no earlier than 3pm. Registration begins at from 4pm and concludes with a family picnic at 6pm. Transportation to and from camp is the responsibility of the parents/guardian. Campers should be picked up promptly on Saturday at 10 am. A parent, guardian or designated driver will need to check in at the table outside Trinity Hall and provide the transportation identity code and identification. They will receive a departure pass which they present to your camper's counselor inside Trinity Hall.

**WHO MAY PICK UP A CAMPER?** If it is necessary for someone other than you or the person(s) listed on the Transportation Form to pick up a camper, please call the Interim Camp Director at 503-829-2118. You will need to provide the individual's name and State ID number. Don't forget to provide this person with the IDENTIFIER for your child that you created when you dropped off your camper.

## WHAT ABOUT HOME SICKNESS?

Sometimes children experience homesickness especially if they have not been away from home or have not previously been to camp. There are several effective ways of helping your child work through the sadness of being away from home. Sometimes this may take a few days, so please be prepared! Based on our experience with children and homesickness, we suggest the following strategies:

- Please do not promise your child that you will come and pick them up if they call home, this may set them up for failure.
- Understand that there are many people working to help your child have a successful experience: Directors, counselors, Nurse, Chaplain, and Resident Staff.
- Extreme cases of homesickness are managed by the Directors. If it is advisable, we will call you to discuss options about how to manage your child's situation.
- It is helpful if you make immediate contact with your child by sending a letter or e-mail early in the week. Some parents prepare them ahead of time so they can be mailed early enough to arrive on Monday or Tuesday of the child's camp session. Please limit e-mail messages to one page without a cover page and be sure to note what camp they are attending. Please keep the message upbeat and do not focus on how much you miss your child as this can trigger homesickness.
- If you, as the parent, are having a bad case of missing your child, please do not let on! Of course, let them know they are missed and loved, but encourage them to make new friends and to have a great time staying at camp!

## SECTION TWO: Additional Information Specifically For Campers Attending Outdoor Ministry Sessions At Camp Adams!

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- 1. EACH DAY CAMP ADAMS WILL POST PHOTOS ON-LINE BEGINNING MONDAY MORNING OF EACH CHILDREN AND YOUTH CAMP SESSION.** GO THE CAMP ADAMS WEBSITE AT: [www.campadams.org](http://www.campadams.org). ON THE RIGHT SIDE OF THE PAGE YOU WILL FIND "SUMMER CAMP PHOTOS 2010." Parent/Guardian will receive the password your need to access the photo gallery before or at registration. Pilgrim Cover parents/guardians can check with the camp session director at the time of registration to see if this program will be conducted at Pilgrim Cove.
- 2. MAY CAMPERS HAVE VISITORS?** We discourage visitors on the camp site during the camp week. The CPC Outdoor Ministries Program adheres to "**Safe Camp Policy and Procedures**". This means those persons who interact with our campers directly or indirectly, have been part of a primary screening process. A Background Check and a Boundary Training are significant parts of that screening process. This means that we discourage visitors on the camp site during the camp week. We realize that it is tempting for parents to "pop-in" and visit their child to see how they are doing, but this practice violates our Safe Camp Policies. Any visitor must have clearance prior to their visit with the Camp Session Directors, who will inform the Camp Director and the Staff Coordinator, of the up-coming visit. The visitor must stop at the Camp Manager's Office (Harding House) and obtain a visitor's badge. All unscreened visitors will be escorted while on site. Thanks for supporting our "Safe Camp Policies". Contact the Camp Session Directors by calling the Camping Coordinator, at 503-829-2861.
- 3. MAY THE CAMPERS RECEIVE E-MAIL?** Yes, campers love receiving messages from home. Please do not send food, soda or candy (See Care and Share Package below!) A cheerful letter or e-mail from home is a great support, especially when they express confidence that children are having a good time. Parents note: Please keep letters upbeat and don't focus on how much you miss your child - this can trigger homesickness. Snail mail and e-mail will be distributed daily
- 4. ADDITIONAL EMERGENCY NUMBERS CAMP ADAMS: 503.829.2118**
- 5. ADDITIONAL FORMS AND DIRECTIONS TO BOTH CAMPS ARE FOUND ON THEIR WEBSITES.** [www.pilgrimcovercamp.org](http://www.pilgrimcovercamp.org) and [www.campadams.org](http://www.campadams.org).